



CITY OF PETERBOROUGH ACADEMY SPECIAL SCHOOL

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@CoPASSgat

Friday 09 March 2018

Dear Parents and Carers



Sport Relief Week 19th - 23rd March 2018

I am writing to inform you of our exciting plans for the very first Sport Relief Week. For the first time Sports Relief is being run over the course of a week and we are aiming for every pupil to be physically active for at least half an hour each day, focusing on the "Whatever Moves You" ethos. We are aiming to encourage pupils to take part in the activities that motivate them and get them moving.

Pupils will be given the opportunity to take part in a various activities across the week culminating in a 'Whole School Sport Relief Mile'.

Plan for the week

Primary School:

- *Lower & Upper Primary:* 5 a day TV (Music and Movement) - Fun, fitness programme that pupils will take part in every morning or afternoon as way to prepare themselves for learning, whilst keeping fit and active.
- *Upper Primary:* Dodgeball tournament on Monday, Tuesday, Thursday & Friday
- *Upper Primary:* Badminton tournament on Wednesday
- *Lower & Upper Primary:* Sport Relief Mile on Friday
- *Lower & Upper Primary:* Sport Relief themed core P.E. lessons

Secondary School:

- 5 a day TV - Fun, fitness programme that pupils will take part in every morning or afternoon as way to prepare themselves for learning, whilst keeping fit and active.
- Dodgeball tournament on Monday, Tuesday, Thursday & Friday
- Badminton tournament on Wednesday
- Sport Relief themed core P.E. lessons
- Sport Relief Mile around the school field on Friday

Sport Relief Awards

There will be a series of award certificates to celebrate individual achievement. There will be awards for:

- 5 a day TV: Session Attendance Award
- Dodgeball: Attendance Award, Sportspersonship Award, Positive Behaviour & Conduct Award, Respect Award
- Badminton: Attendance Award, Sportspersonship Award, Positive Behaviour & Conduct Award, Respect Award
- Sports Relief Mile: Most Miles Award

*The City of Peterborough Academy Special School is part of the Greenwood Dale
Foundation Trust Group of Academies*

The Greenwood Academies Trust is a company limited by guarantee, registered in England and Wales, registered number 06864339.

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Friday 23rd March 2018, Sport Relief Mile

On Friday 23rd, Sport Relief Mile day, pupils are encouraged to wear their P.E. kits and trainers so they are comfortable when taking part in the Sport Relief Mile. If pupils want to wear a sport relief t-shirt or favourite sports team t-shirt then they are also welcome to do so. Pictures from the week will be available to view on Twitter @copassgat.

We ask that pupils make a £1 donation to enter the Sport Relief Mile, all money raised will then be donated to Sport Relief to contribute to all the excellent work that they do for people in need all over the UK and the world.

Let's all get moving for a great cause.

Yours sincerely



Mrs T Ydlibi
Executive Principal



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